

## CLUB RULES

**The following rules apply to everyone on the premises of North St. John's Swim and Tennis Club, Inc. (hereinafter referred to as the "Club") including the Board of Directors, general members, Staff, guests of the members, non-member swim or dive team participants, contractors, salespeople, etc., whether on the premises by invitation or not.**

These rules provide protection, safety, and sanitary operations for all Club users.

Parents are responsible for ensuring their children observe these rules and obey the Club Managers and Staff.

Failure to comply with these rules will be considered enough cause for immediate suspension of Club privileges for the offending member and can result in termination of membership.

**Note:** If experience necessitates changes or additions to these rules, such modifications may be made immediately, and all members are to be notified by email or posting of the rule changes.

## GENERAL FACILITY RULES

1. The Staff (managers and lifeguards) have complete authority over the pool, tennis courts, and Club grounds.
  - a. The Staff has the authority to refuse admission or immediately eject any member or guest from the Club property for violation of any Club rule or by law.
  - b. The Manager has the authority to take appropriate action towards any member (child or adult) for any misconduct.
  - c. If there is a continuing problem with a member, the Board of Directors may be asked to get involved and take action.
2. Members are responsible for the actions of their children AND guests, and are responsible for ensuring everyone in their party is informed of and abides by the rules, and obeys the instructions of the Staff.
3. **The Club is a non-smoking facility.** Cigarettes and other tobacco products are permitted outside the fenced-in area only and away from the Club entrance.
4. The Club will not be responsible for the loss of and/or damage to personal property. We recommend you leave valuables at home. We also recommend keeping computers, bags, and wallets locked in a safe place and out of sight, including in your vehicle.
5. The cost of any Club property damaged by a member or their guest will be charged to the responsible member.
6. The Club assumes no responsibility for any accidents or injuries.
7. Children under eighteen (18) are not permitted in the pool during adult swim and are not allowed to sit on the side of the pool during adult swim.

8. Children under twelve (12) years of age must be supervised by an adult or responsible caregiver who is eighteen (18) years or older while on the Club premises. Caregivers must know where their children are at all times, and ensure they are using the facility appropriately.
9. Intoxicated and/or disruptive persons shall not be allowed on Club premises.
10. Inappropriate or explicit language is strictly prohibited.
11. Glass containers, bottles or anything breakable will not be allowed on the Club premises.
12. All trash must be deposited in the appropriate trash and recycling containers provided.
13. Grills should be turned off when not in use. **Please clean the grill and grill utensils when you are finished.**
14. No chairs are allowed on the pool deck.
15. The office and pump room are for the admittance of Staff or Board Members only.
16. Playground mulch should remain on the ground in the playground area, and children should not climb on areas of the playground structure that are not intended for climbing.
17. Lacrosse balls are not permitted.
18. When taking photographs please be respectful to the members in the photos and ask permission when children, other than your own, are involved. We ask that you use consideration and judgment when posting photos to social media sites. It is recommended to have the individuals in your photos grant you permission prior to posting.

### CLUB HOURS

1. Club hours vary, but generally the Club will be open from 11 AM to 9 PM daily, including holidays.
  - a. Hours may vary when public school is in session, for home swim and dive events, evening events, camp, or any other reason the Board deems necessary.
  - b. All changes will be posted and communicated.
  - c. For the most up-to-date information, please check the official NSJ calendar.
2. The pool whistle will blow 15 minutes prior to Club closing time. This is done in order to:
  - a. Provide members with ample time to collect their family members and belongings prior to leaving.
  - b. Provide time for the Manager to perform required safety checks.
  - c. Help the Staff with cleaning the pool and facility to ensure a smooth opening the next day.
  - d. Adult swim will not be called the last hour the pool is open.
3. The wading pool will be open early only during swim and dive practice, subject to the availability of lifeguards and a manager on duty.
4. The diving well will be closed during dive lessons and warm-ups for home dive meets, camp, and when no guard is in the chair.
5. At the discretion of Club Staff and Board of Directors, the pool may be closed due to emergencies including, but not limited to, mechanical breakdowns, operational difficulties, and weather. Please refer to the Inclement Weather Policy for details on weather-related closures.
  - a. If the pool has not opened by 4:00 PM, due to inclement weather, the facility will remain closed, regardless of weather conditions, until the next scheduled day of operation. In the event of inclement weather which arrives after 6:00 PM, the pool shall be closed for the remainder of the evening.

6. In addition to normal Club hours, the tennis courts are available to members and their guests before the pool opens each day and during the months the pool is closed.
  - a. Since the tennis court gate will be locked with a combination lock, any member desiring to use the courts during this time must obtain the combination to the lock from the Club Staff or the Tennis Director.
  - b. The gates leading from the tennis courts to the swimming pool area will not be open during this time.
  - c. No one is allowed on the pool grounds, without permission, during the off season.

## **ADMISSION TO THE CLUB**

### **MEMBERS**

1. All members must enter through the front, blue gate and check in at the front desk upon arrival at the Club.
2. Members and their dependents (as defined by the By Laws) are required to have photos in their Member Splash accounts for member identification.

### **GUESTS**

1. Guests must enter the Club through the front, blue gate.
2. All guests, including children, must stop and sign in at the check-in desk. For liability and safety, we will strictly enforce this policy.
3. A guest is defined as someone not on your membership.
4. A former member is now considered a guest.
5. NSJ allows a maximum of 6 individual guests (or one other family) per Bond Member/Household, per day.
6. Please refer to the NSJ Guest Policy for complete details and required fees.
7. If you have reserved the Party Zone, please review all associated guest rules and guidelines.

### **CHILD CARE PROVIDERS**

1. Members have the option to add one individual per Family Membership designated as a childcare provider. This childcare provider will have full access to Club facilities while performing childcare duties. There will be an additional \$100 fee per season.

### **HEALTH**

1. If you are sick, it is up to individuals and families to monitor symptoms, test when appropriate, and stay home. This includes fever, rash, severe cough, and congestion.

2. Pets of any kind are not permitted inside the Club area.
3. It is recommended that showers be taken before entering the pool.
4. Parents and caregivers are encouraged to monitor the time that their children are using the showers to prevent excessive water use and flooding of the floor.
5. No member can enter the pool area, or permit a child to do so, while wearing bandages or suffering from an infection or communicable disease.
6. Babies with swim diapers (no cloth diapers) will be allowed only in the wading pool.
  - a. Children **MUST BE** toilet trained to use the main pool.
  - b. No diapers of any kind are allowed in the main pool.
7. Nose blowing, spitting and bodily elimination is prohibited while in the pool.

## **SAFETY**

### **MAIN POOL**

1. NSJ managers and lifeguards are responsible for opening the pool at the appropriately scheduled time.
2. Members shall not use the main pool unless it is officially open, and the lifeguards are on duty and seated in the lifeguard chairs.
3. Running, pushing, wrestling, or undue disturbance will not be permitted on the pool deck.
4. The throwing of children or adults in the pool is not permitted.
5. Jumping is permitted from the edge of the pool.
6. Swim fins and breathing tubes are permitted in the pool.
7. Kickboards are permitted in the lap lane only and must be used for lap swimming or swim lessons.
8. Sponge-type balls are allowed during non-crowded conditions at the discretion of the Staff. All other balls, frisbees, or toys including surf mats will not be permitted in the pool unless approved by the Board.
9. Personal flotation devices, including arm floats and noodles, will be permitted in the pool.
10. Inner tubes, rafts, or other inflatable pool toys are not permitted.
11. Water blasters and water guns are not permitted in the main pool.
12. Parents are always responsible to be within arm's length of a child wearing a personal flotation device. The Club assumes no responsibility for any accidents related to the use of a personal flotation device.

### **DIVING WELL**

1. Swimming will be permitted in the diving area only when the diving boards and slide are not being used and are closed by the lifeguard on duty.
2. Diving is only permitted in the dive well.
3. Only simple front dives are allowed from the edge of the dive well when the boards are closed.
4. All other dives including jack knives and can-openers are permitted only off the diving boards.
5. A lifeguard is required to be in the dive well guard chair any time the dive well is in use.

6. Only one person at a time is permitted on the diving boards or slide.
7. No double bouncing or multiple bouncing on the diving boards.

### **WADING POOL**

1. All children must always be accompanied by an adult.
2. No child can be left unattended at any time, for any reason.
3. Only children six (6) years of age and under may use the wading pool unless they are with younger siblings and parents.
4. Lounge chairs are not permitted in the wading pool area.
5. Pool furniture should remain on the pool deck, not in the wading pool.

### **TENNIS COURTS**

#### **SCHEDULING**

1. Members are free to use the tennis courts any time they have reserved them or on a first-come, first-served basis, when the courts are not reserved.
2. To reserve a court please sign up on the Tennis Court Reservation Schedule.
  - a. Play is limited to 1- 2 hour(s) period for doubles and 1 hour for singles IF other members are waiting to use the courts.
  - b. All players who reserve a court must begin play within 10 minutes after the assigned time or relinquish the courts if members are waiting to play.
3. Members may have guests on the courts but are responsible for the guest's behavior while on Club property.
4. Any guest who uses the tennis courts during hours the pool is open must sign in at the front desk and pay the guest fee specified in the NSJ Guest Policy.

#### **ATTIRE**

1. All persons using the courts shall wear non-marking tennis shoes.
2. All persons using the courts shall be clothed in suitable attire, including tops for men.

#### **USE OF COURTS**

1. Tennis courts are to be used for tennis or pickleball only.
2. Bicycles, skateboards, skates, or motor vehicles are not permitted to be operated on the courts.
3. Sitting on or hanging from the nets is prohibited.
4. Tennis lessons for a fee shall not be given by members or non-members on NSJ tennis courts without prior approval of the Board of Directors.
5. Any or all the tennis courts may occasionally be reserved for Club sponsored events.

6. Playing members and spectators must keep the courts and surrounding area free from trash and other debris by using receptacles in the area provided.
  - a. Trash removal service is provided only during the summer months (Memorial Day to Labor Day).
  - b. Any members using the courts during the off-season must take trash and debris with them when they leave the Club premises.

**Thank you for taking the time to review the NSJ Rules. Please contact [nsjswimtennisclub@gmail.com](mailto:nsjswimtennisclub@gmail.com) with any questions.**